



PRE MICROBLADING INFO

FOR OPTIMAL RESULTS **AVOID ALL OF THESE THINGS**

BLOOD THINNERS Including but not limited to **alcohol, caffeine, pain killers** containing acetaminophen (ibuprofen, aspirin, etc) as well as **vitamins** that can cause blood to thin. There are too many to list here so please check with your **doctor or nutritionist** and know the more medications/vitamins you are taking the higher risk of fading.

CHEMICAL PEELS If you are getting a chemical peel please wait for 7 days to get microblading.

SUNBURNS If you get a BAD sunburn do not come for microblading until it has fully healed for obvious reasons.

RETINA/RETINAL/GLYCOLIC/SALYCILIC ACID Please stop taking this 14 days prior to your appointment especially in your brow area as it causes the skin to regenerate quicker which thins the skin and can cause fading.

TAKE NOTE IF THIS APPLIES TO YOU

ACUTANE You can NOT get microblading done while on acutane and you must wait at least six months to get microblading after you treatment.

PREGNANT OR NURSING You CAN get microblading while pregnant! HOORAY! However I AM NOT TO BE HELD RESPONSIBLE FOR ANY RISK INCURRED and I do require that you get it cleared with your doctor. With that being said I have had it done while pregnant and have done over 20 pregnant women with no complications.

BOTOX If you get botox please make sure it has time to "set" I want to know where your brows naturally sit on your face so we make sure to put them there and not where the botox has them.

CHEMO Please complete your chemo prior to microblading as it is an added risk for infection and I want to make sure you are fully healed in this hard time.