

# Microblading After Care Instructions

## OVERVIEW

Like any cosmetic procedure it is a process. Please do not expect immediate results. You will need to be patient and understand it is a TWO step process. The initial appointment and then the six week touchup. Both involve the same healing process.

## DO NOT

- **DO NOT TOUCH!** Bacteria can cause infection and oils will cause fading.
- **DO NOT PEEL OFF SCABS! If you do, you may cause major fading up to 100%.**
- DO NOT wear sunglasses that rub against your brows
- DO NOT wear hats that rub against your brows

## PLEASE DO

- **DO keep your brows dry for SEVEN days!**
- DO sleep on your side or back to avoid direct contact.
- AVOID WATER sweating, sun, sauna, pool, lake, ocean, etc for 7 days.

## HEALING CREAM

**COCONUT OIL (organic preferred)** this is to keep brows from becoming over dry or itchy. Apply only as needed. Use your own judgement. Every skin type is a different.

## SHAPE & COLOR

Immediately after the procedure your brows will look much darker and more defined than the final healed results. This can be alarming but do not worry! When they do heal be prepared for the color to be significantly lighter and the overall appearance much softer and more natural. It will take time for this transition, based on how quickly the outer layer of your skin exfoliates. Usually the exfoliation (peeling) process occurs about 4 to 5 days after the procedure and will be completely healed at about day 7. At that point the contrast between the initial intense and dark color and the new softer and lighter color may be such that you may be very disappointed. **DO NOT WORRY!** It is expected and normal and you will be receiving a second application, a "perfecting session" in a few weeks. At that time SHAPE and COLOR will be adjusted to your liking. We can add very easily, but it is much more difficult to remove! You must wait at least 6 weeks between applications for proper time to heal.

**CALL ME IF YOU HAVE ANY OTHER QUESTIONS OR CONCERNS!**

**435.669.9778**